



## The Flower of Life Workshop May 7, 8 and 9, 2010 Columbia, Maryland

The Flower of Life, (above), is the most significant of all the symbols in Sacred Geometry. Encoded within it is the blueprint for all creation. Sacred Geometry is a universal language which allows us to access ancient knowledge contained in our cellular memory. It enables us to understand wisdom from cultures that have left Earth long ago. It is the key to understanding the nature and value of color and sound. It facilitates communication with beings from other worlds and dimensions and, perhaps most importantly, Sacred Geometry provides complete understanding and experience to consciously shape our future and accelerate the ascension process.

This Sacred Geometry is replicated in the 44-2 chromosomes in every cell of your body throughout all of nature, the solar system, and the universe. Understanding and working with these sacred images will revive a forgotten, ancient way of breathing and a higher purpose for the pineal gland. This breathing process, practiced on Earth 13,000 years ago, is the key to the correct use of the Mer Ka Ba, often referred to as the "Vehicle for Ascension." The Mer Ka Ba is a crystalline energy field integrating specific geometric shapes that expand around the body for 55 feet. Activating the Mer Ka Ba will result in deeper contact with your Higher Self, will give you unparalleled protection as the planet goes through its transformation, and will strengthen every aspect of your life. You will be better able to heal yourself and others and most importantly you will remember your intimate connection with God. We are taught the Mer Ka Ba Meditation through activating this crystalline energy field, which enhances any and all other meditations you may already be practicing.

The founder of Flower of Life Workshops, Drunvalo Melchizedek has trained Elizabeth Spear and several other facilitators to carry on the knowledge - making it available on a wider scale. This workshop will be held in Columbia, Maryland on MAY 7, 8, 9, 2010. You can contact Harriet McMahon, coordinator, at 410-262-5628 or email her at [redhawk@cgandh.com](mailto:redhawk@cgandh.com). Elizabeth Spear, our Facilitator, can be reached at 443-270-6088 or email her at [spear21601@yahoo.com](mailto:spear21601@yahoo.com). Please visit Elizabeth's website at [www.elizabethspear.com](http://www.elizabethspear.com)

The course size is limited and will be on a first come, first serve basis. The fee is \$277 for the 3 day workshop. To register by mail please send your name, address, phone number and course fee payable by cash, personal check or money order to Elizabeth Spear, P.O. Box 1710 Easton, Maryland 21601 no later than April 25, 2010. Upon receipt of your registration Harriet will be in contact with you to provide you with location directions and other information.

Day 1 – Sacred Geometry Frozen Music: We have all heard that “we are all one” but exactly how is that possible? This class puts you inside abstract concepts so you will gain a comprehensive understanding of how you and the universe are actually connected through the building blocks common to all things.

Day 2 – Mer Ka Ba Meditation: The Mer Ka Ba is the foundation of your entire energy system and gives rise to the 7 chakras, the human aura, the acupuncture meridians, and the physical, emotional and mental body. Reconnecting with the intimate lost part of you brings wonderful, positive changes to one's body, health and circumstances.

Day 3 – The Human Story: Actual history and destiny of humanity. You are not who you think you are and when you find out where you really came from, you will never be the same. Recent archeological and astronomical discoveries have shed new light on information that is shaking the edifice of Western Civilization.

Sponsored by Harriet McMahon, Creative Growth and Healing

**Suggested (but not required) reading:**

Flower of Life Volume I, Drunvalo Melchizedek

Flower of Life Volume II, Drunvalo Melchizedek

Serpent of Light, Drunvalo Melchizedek

Websites:

[www.floweroflife.org](http://www.floweroflife.org)

[www.elizabethspear.com](http://www.elizabethspear.com)

[www.CGandH.com](http://www.CGandH.com)

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## Flower of Life Workshop

### Registration Form

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

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**Special Needs:**

**Phone: (home)** \_\_\_\_\_ **(mobile)** \_\_\_\_\_

Please return with either a deposit of \$138.50 (balance can be paid at the workshop) or the full amount of \$277.00 payable by check, cash or money order to Elizabeth Spear, P.O. Box 1710 Easton, Maryland 21601.

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[www.CGandH.com](http://www.CGandH.com)